

ENVIRONMENTAL SCAN: SOCIAL AND EMOTIONAL DEVELOPMENT IN THE EARLY YEARS TRAINING/RESOURCES

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Description:

This document is a non-exhaustive summary of resources and training currently available in the area of social and emotional development in the early years (ages 0 to 5yrs). The scan was conducted from October 2021 to February 2022. The intended audience is early childhood educators, family support workers and parents. It includes resources from Canada, the US and other international locations.

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Note: Please report broken links to atpinfo@cw.bc.ca as well as any additional resources that readers think would be valuable to add.

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Additional Resources
Alberta				
Alberta Family Wellness Initiative	Facilitates research and shares knowledge about the science of brain development to support positive lifelong health outcomes for everyone.	Brain Story Certification Course	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	
Institute of Child Psychology Leduc	<p>ICP was founded to educate parents and professionals on issues pertaining to children's mental health, and to promote the psychological and emotional well-being of children and adolescents.</p> <p>Mission is to empower caregivers (i.e., parents, teachers, therapists, social workers, psychologists) by giving them pertinent insights, skills, and tools necessary to help children thrive.</p> <p>Utilize an attachment lens; meaning we believe that the source of most children's difficulties lie with-in the context of their relationships with their attachment figures.</p>	<p>Online Training</p> <p>Course examples:</p> <p>Compassionate Discipline: Raising Resilient Children</p> <p>FOSTERING EMOTIONAL REGULATION: FROM FEARS TO TEARS</p> <p>Full list here</p>	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	
British Columbia				
Aboriginal Head Start Association of BC	<p>Head Start Program:</p> <p>Provides a professional link between the Public Health Agency of Canada and the Aboriginal Head Start in Urban and Northern Communities (AHSUNC) sites in BC and nationally;</p> <p>Works in partnership with PHAC and other resource bodies and training institutes;</p> <p>Assists AHSUNC and AHSOR (On Reserve) sites in training and professional development, both provincially and nationally;</p> <p>Accesses other funding sources and programs to support AHSUNC sites developmental needs;</p> <p>Supports development of quality AHS programming;</p> <p>Supports parental and community involvement.</p>	<p>Training/Program:</p> <p>Team Building for Staff and Parents:</p> <ul style="list-style-type: none"> • Self-Esteem and Confidence Building • Self Care – Time and Stress Management • Kids Have Stress Too • Effective Communication – Anger Management and empathy; Assertiveness, Passive/Aggressive behaviours <p>In Person programs</p> <p>Full Services and Training Link</p>	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	
Aboriginal Infant Development Programs	<p>The Office of the Provincial Advisor for Aboriginal Infant Development Programs gives support and educational information to AIDP workers throughout the province in regards to Aboriginal Infant Development Programs.</p> <p>By supporting early identification of needs and early intervention for children and families at risk, Aboriginal Infant Development Programs are an integral piece of the early childhood development puzzle.</p>	<p>Training and Education</p> <p>Resources</p>	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	

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BC Aboriginal Child Care Centre	We are committed to ensuring that every Indigenous child in BC has access to spiritually enriching, culturally based, high quality early childhood development services.	Parenting program pamphlet: Bringing Tradition Home	Bringing Tradition Home: Aboriginal Parenting in Today's World	
BC Council for Families	Mother Goose Program Program Goals: "Building interactive communication between you and your young child Developing skills and confidence for yourself and your child Getting to know other families in your community"	Program: 6 hour facilitator training	• Parents/caregivers	
BC Council for Families	Nobody's Perfect Parenting Program Designed to enhance parents/caregivers' parenting knowledge and skills, build confidence and connect with other parents. Topics could include "Mind", "Emotions & Feelings", "Behaviour", "Body", "Safety" and "Parent".	Program: 10 week program for parents/children	• Parents/caregivers	
BC Healthy Development Alliance	Feelings First Feelings First focuses on spreading awareness and sparking conversation around SED, a concept that mutually impacts all of our organizations and society at large, as it is a crucial factor for healthy child development		• Parents/caregivers • ECE's • Family Support Workers	Feelings First_KCC Video Scan Resource List
Canadian Journal of Mental Health		Journal article on promoting SEL in BC: link here Promoting Mental Well-Being Through Social-Emotional Learning in Schools: Examples from British Columbia	• Parents/caregivers • ECE's • Family Support Workers	
Canadian Mental Health Association	Confident Parents Thriving Kids Confident parent thriving kids is a program by the CMHA to support BC parents struggling with kids with anxiety or behavioural challenges:	Confident Parents Thriving Kids resource •Phone based weekly coaching •Strengths based Parenting programs	• Parents/caregivers	
Changing Results for Young Children	CR4YC is a partnership between the Ministry of Education and the United Way of the Lower Mainland, initiated in the fall of 2017. It is a collaborative inquiry project that brings together Community-based ECE's, Strong Start facilitators and Kindergarten teachers released to work collaboratively in six joint professional learning sessions. CR4YC focuses on the social and emotional well-being to improve outcomes for young children.			

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ChildHealthBC	KidCareCanada: KidCareCanada takes the science of Early Childhood Development and brings it to new parents in a visual format that is easy-to-understand and quick to watch.	Resource: Videos for parents/caregivers focusing on babies	<ul style="list-style-type: none"> Parents/caregivers 	Video List ABC's for New Parent's Book: evidence-based, plain-language booklet that provides the key elements that new parents need to know to foster bonding and social-emotional development early on. ABC's of Language Development
Dalai Lama Centre	Heart Mind Online	Training Social and Emotional Learning: Heart-Mind Course The course is composed of an introductory module followed by five modules focusing on each area of the Dalai Lama Center's Heart-Mind Well-Being Framework: Secure and Calm; Compassionate and Kind; Gets Along with Others; Solves Problems Peacefully; and Alert and Engaged.	<ul style="list-style-type: none"> ECE's Family Support Workers 	Family Resources Educator Resources
Dalai Lama Centre	Skills for Life for Families	Program: Topics: <ul style="list-style-type: none"> Listening mindfully Handling difficult emotions Resolving conflict effectively Balancing life's demands and challenges Enriching your parenting experience In person: St James Community Square 3214 W 10th Ave Vancouver, BC	<ul style="list-style-type: none"> Parents/caregivers 	
Head Start Online Training	Online resource that provides accredited Responsible Adult Training course to get certified to work with children in BC.	Responsible Adult Course Home Day Care Course	<ul style="list-style-type: none"> ECE's Family Support Workers 	
Family Resource Programs of BC	Family Resource Programs (FRPs) are parent/child interactive centres for families with children 0–6 years. The programs reflect the diversity of the community, and services are designed to strengthen parenting skills, provide stimulating environments for children, and promote family and community engagement. FRPs engage with families through five core areas of service: Family Support Play-based Learning Early Learning and Literacy Parent Education Information and Referrals	Parenting Corner Resources	<ul style="list-style-type: none"> Parents/caregivers ECE's Family Support Workers 	

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Familysmart	<p>Familysmart (previously Force)</p> <p>Familysmart (previously FORCE) is focused on mental health, and monthly events, and parent peer support groups in BC</p>	Parent-Peer Support Resouces and Videos Training and Workshops	<ul style="list-style-type: none"> Parents/caregivers 	
Kamloops Family Resources Society	<p>The Tree: Women, Mothers, Recovery & Community</p> <p>Drop in programs where families can find healthy food, peer-based social support, connections to professional services, clothing and baby equipment, health and parenting workshops and other special events and activities.</p>	<p>Drop in Programs/Parenting workshops/Resource library:</p> <p>Parents will have the opportunity to:</p> <ul style="list-style-type: none"> • create a social support network with other parents • Play with their children • learn about child development • learn about resources in the community and obtain referrals if needed • meet with onsite counsellor • access donation room • participate in a variety of workshops 	<ul style="list-style-type: none"> Parents, often in recovery: 	
Kelty Mental Health Centre	Infant Mental Health		<ul style="list-style-type: none"> Parents/caregivers 	
Ministry of Education	<p>Strong Start</p> <p>StrongStart BC programs provide rich learning environments designed for early learning development – language, physical, cognitive, social and emotional. Qualified early childhood educators lead learning activities where children find opportunities to make friends and interact with others of similar ages.</p>	<p>Program:</p> <p>Parents participate with their young children (aged birth to 5) in play-based early learning activities including stories, music and art. At no cost to families, this early learning drop-in program helps prepare children for success in Kindergarten.</p>	<ul style="list-style-type: none"> Parents/caregivers 	
Ministry of Education	<p>Activities for Families has been developed by the BC Ministry of Education for families and caregivers to support children's early learning experiences through playing and having fun.</p>	<p>Let's Play Resources</p> <p>Play Today: A Guide for Families</p>	<ul style="list-style-type: none"> Parents/caregivers 	
Neuro Emotional Literacy Program (NELP)	<p>Resource teaching the neuroscience of emotional regulation to improve personal and familial well being</p> <p>The focus of this program is to a) hold workshops on emotional literacy for groups of people who would otherwise not have access to the knowledge and practice of emotional literacy and b) to improve personal and familial emotional functioning and well-being.</p>	<p>Resources for parents and educators, one pagers for guidance on self-regulation for young children:</p> <p>https://www.nelp.ca/press</p> <p>https://www.nelp.ca/stories-for-children</p>	<ul style="list-style-type: none"> Parents/caregivers ECE's Family Support Workers 	

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Richmond Cares Richmond Gives	Richmond Child Care Resource & Referral	Program (workshops) Big Feelings, Big Reactions: How to Support Preschoolers' Emotions (Dr. Mary Turri)	<ul style="list-style-type: none"> • Parents/caregivers • ECE's 	
Roots of Empathy	Seeds of Empathy Seeds of Empathy is designed for Early Learning and Child Care settings to foster social and emotional competence and early literacy skills and attitudes in children aged three to five years, while providing professional development for all centre staff.	Training	<ul style="list-style-type: none"> • ECE's • Family Support Workers 	
Saleema Noon Sexual Health Educators	Comprehensive, evidence-based, inclusive, sex-positive sexual health education	Workshops: Body Science Online	<ul style="list-style-type: none"> • Parents/caregivers of Kindergarten students 	
SEL BC Lower Mainland Network	SEL BC Website Resources		<ul style="list-style-type: none"> • ECE's • Family Support Workers • Parents/caregivers 	
The Children's Foundation	https://www.childrens-foundation.org/workshops-and-events-calendar			
University of British Columbia	SEL Resource Finder A collection of social and emotional learning (SEL) resources for educators and other adults who work with children and youth.		<ul style="list-style-type: none"> • ECE's • Family Support Workers 	
University of British Columbia	Specific Courses on SEL for ECE's		<ul style="list-style-type: none"> • ECE's 	
Vancouver Early Years Partnership	SELMATTERS The Vancouver Early Years Training Collaborative which is made up of various not-for-profit agencies that provide professional development to early years practitioners. The goals of this collaborative are to identify gaps and overlaps in professional development and coordinate planning for professional development to comprehensively meet the needs of the early care and learning community in Vancouver, BC.		<ul style="list-style-type: none"> • ECE's • Family Support Workers • Parents/caregivers 	SELMATTERS Resources
Westcoast Child Care Resource Centre Vancouver	WCCRC is a leader in training and workshops tailored for early childhood educators and caregivers. Their curriculum covers topics for those just entering the field and for those with years of experience who wish to add to their toolbox.	Training: Workshop schedule Safe Spaces: Bullying Prevention for School Age Children	<ul style="list-style-type: none"> • School age educators • ECE's 	

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Manitoba				
The Manitoba Attachment Network	<p>The Attachment Network is a multi-organizational committee that is comprised of representatives from various sectors, including health, justice, education, and social services, who are interested in promoting and enhancing secure attachment across the life span.</p> <p>This site is intended to be a portal into solid information on parent/child attachment, research, resources, training and workshops</p>	<p>Training/ Video Resouces</p> <p>Video List</p> <p>Workshops</p>	<ul style="list-style-type: none"> ECE's Family Support Workers 	
Ontario				
Best Start	The Best Start Resource Centre: Ontario's Maternal Newborn and Early Child Development Resource Centre	<p>Free video (1hour):</p> <p>Infant and Early Mental Health in an Indigenous Context</p> <p>Training:</p> <p>Supporting Parents When they have Mental Health Challenges</p>	<ul style="list-style-type: none"> Parents/caregivers ECE's Family Support Workers 	
Sick Kids Hospital, TO	<p>Infant and Early Years Mental Health Promotion</p> <p>Infant and Early Mental Health Promotion (IEMHP) is a national organization which improves outcomes across the lifespan through translating and promoting the science of early mental health into practice with families during pregnancy, infancy, and early childhood</p>	<p>Training:</p> <p>Introduction to Early Years Mental Health 2021: brain development, attachment, relationships, cultural humility, community, and advocacy</p> <p>Foundations in Infants and Early Childhood Mental Health Practice: Practice Certificate Lecture Series</p>	<ul style="list-style-type: none"> ECE's Family Support Workers 	<p>Important resources from IEMHP's training scan:</p> <p>IEMHP Training Programs List</p> <p>IEMHP Training Programs Goals</p> <p>IEMH Training Programs Presentation</p> <p>A Review of Infant and Early Mental Health Training Programs for Infant Mental Health Promotion AUG 2020</p> <p>Infant Mental Health Comptencies Checklist</p> <p>Link to complete Resource Section on IEMP site</p>
Sick Kids Hospital, TO	<p>Comfort Play Teach</p> <p>With Comfort, Play & Teach, the science of early childhood development is translated into activities and experiences that are practical, easy-to-understand and easy-to-do to help parents support their child's development. Activities created at every developmental stage.</p>	<p>Resource for Parents</p> <p>Video Resouce: You Tube Animations</p>	<ul style="list-style-type: none"> Parents/caregivers 	<p>CPT Developmental Milestones by Age and Area of Development:</p> <p>Infants - 0 - 6 months</p> <p>Infants - 7 - 18 months</p> <p>Toddlers - 19 - 24 months</p> <p>Toddlers - 25 - 36 months</p> <p>Preschoolers - 36 - 48 months</p> <p>Preschoolers - 48 - 60 months</p>

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Sick Kids Hospital, TO	This hub includes resources for parents on how to support your child's mental health and general well-being through physical activity, sleep and nutrition.	Mental Health Learning Hub		
Quebec				
Encyclopedia of Early Childhood Development University of Montreal	The Encyclopedia on Early Childhood Development provides scientific articles and relevant content on the development of children aged 0 to 5.	Website resource with topics including: Importance of Early Childhood Development Attachment Parenting Skills Pro-social Behaviour	<ul style="list-style-type: none">• Parents/caregivers• ECE's• Family Support Workers	Culture and Emotions in First 5 Years of Life
National Programs				
CMAS SUPPORTING CHILD CARE IN THE SETTLEMENT COMMUNITY	CNC: Care for Newcomer Children	<ul style="list-style-type: none">• training – over 50 different workshops have been offered to caregivers and administrators, both within and outside of the settlement sector.• resources for CNC administrators and staff, and other professionals who wish to better serve immigrant families and provide high quality child care.	<ul style="list-style-type: none">• Newcomer families	Parenting Resources The Resilience Guide
	Reaching In Reaching Out	<ul style="list-style-type: none">• Resiliency Skills Training for Child Care and Early Learning Staff and Service Providers• Bounce Back & Thrive!TM (BBT) is a resiliency skills training programme designed to meet the needs of parents (and those in a parenting role)	<ul style="list-style-type: none">• Parents/caregivers• ECE's• Family Support Workers	
Psychology Foundation of Canada	With the help of a range of educators, psychologists and stress experts from across the country, the Psychology Foundation of Canada has developed programs to provide educators with the awareness, knowledge and skills to help children become more resilient and healthier by learning to manage their stress. The program helps parents and those working with children to better understand childhood stress and how to provide children with age appropriate tools to help them deal with stress effectively	Strong Minds Strong Kids:Promoting resiliency by buffering the impacts of stress Kids Have Stress Too! Courses	<ul style="list-style-type: none">• ECE's• Family Support Workers	
CALM curriculum	Calm, Alert and Ready to Learn: Recent research tells us that one of the keys to student success is self-regulation – the ability to monitor and modify emotions, to focus or shift attention, to control impulses, to tolerate frustration or delay gratification. This curriculum explore these five major domains—what they are, how they work, what they look like in the classroom, and what we can do to help students strengthen in that domain.		<ul style="list-style-type: none">• Pre K School	
Science of Early Childhood Development	The Science of Early Child Development (SECD) is a knowledge translation and mobilization initiative designed to make current research accessible to anyone interested in learning more about the impact of early experience on lifelong health and well-being.	Training/Resource: Topics include Self-Regulation Brain Development	<ul style="list-style-type: none">• ECE's• Family Support Workers	

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THE EARLY YEARS: The Martin Foundation	<p>Introducing The Early Years: a pre-natal to pre-school program that supports young families to build a strong understanding of their child's early developmental process.</p> <p>Focused on and rooted in indigenous approaches that uses home visitors, storytelling and a toolkit.</p>	<p>Early Years Visitor Program:Trained EY Visitors from the community support women to understand their prenatal health and their children's early well-being and development.</p> <p>EY Visitors guide mothers, fathers, and other family caregivers in providing sensitive and competent caregiving and offering intentional learning opportunities.</p>	<ul style="list-style-type: none">Indigenous families	

Environmental Scan: Social and Emotional Development in the Early Years Training/Resources: USA

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Additional Resources
USA Based				
Alliance for the Advancement of Infant Mental Health	A global organization that includes those states and countries whose associations for infant mental health have licensed the use of the Competency Guidelines® and/or Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health® under their associations' names.	Social and Emotional Development Tools	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	
AI's Pals: Kids Making Healthy Choices	AI's Pals, a nationally recognized and evidence-based comprehensive social–emotional learning curriculum and professional development program designed to meet the specific needs of preschool children CASEL endorsed program	AI's Pals Teaching Curriculum	School based learning	
American Institutes for Research	Center on GREAT TEACHERS & LEADERS	Instructional practices that promote SED: Teaching the Whole Child	School based learning	
Big Little Feelings	Two parent coaches started Big Little feelings to give parents the resources they need to not just survive the toddler years, but to thrive.	Parenting Course: Winning the Toddler Stage: module topics	<ul style="list-style-type: none"> • Parents/caregivers 	
BRAZELTON TOUCHPOINTS CENTER	Online training with below objectives: <ul style="list-style-type: none"> • Strengths-based family engagement • Understanding children's development and behavior • Strengthening partnerships with families through relationship-based practices • Supporting everyone's mental health • Aligning organizational practices for effective family engagement 	Training Link here Become a Touchpoints Site: community level training Family Connections: learn framework which <ul style="list-style-type: none"> • Builds professional capacity • Promotes mental health and social-emotional wellness in young children, their families, and providers • Deepens professionals' understanding of families facing depression and other adversities Facilitating the Touchpoints Parenting Program Parenting Modules include: <ul style="list-style-type: none"> • Parenting Your Unique Child: Joys and Challenges • Understanding Your Child's Development • Exploring Your Family's Culture and Language • Nurturing and Caring for Your Children: Keeping Your Children Safe and Healthy • Discipline: Your Role as Parents Over Time — Teacher and Guide 	<ul style="list-style-type: none"> • ECE • Family Support Workers • Child Welfare Workers • Public Health workers • Home Visitors 	Home Visitor Conversation Road Map Tool Family Connections Resources Family Resources Provider Resources

Environmental Scan: Social and Emotional Development in the Early Years Training/Resources: USA

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Resources
Internationally Based				
Book Bug Program Scotland	<p>The Bookbug Bags and Bookbug Sessions support families to do more of these activities, which help build bonds and develop relationships and most importantly, are fun.</p> <p>Sharing stories, songs and rhymes with babies and young children has many benefits including supporting children’s language, learning and social skills. It’s fun, free and simple, and the benefits will last their lifetime.</p>		• Parents/caregivers	Additional Learning and Resources
Building Better Brains Australia	<p>The mission of Building Better Brains Australia is to engage, educate and empower parents, teachers and mental health professionals using evidence based strategies to help build better brains for the generation in our care.</p> <p>They deliver brain wise, trauma smart approaches to teaching and learning with a focus on play, creativity and superskills. This is the cornerstone for building resilient, flexible and emotionally intelligent young minds that are capable, confident and creative</p>	<p>Parenting training and capacity building support programs:</p> <p>Course list here</p>	• Parents/Caregivers	
Circle of Security	<ul style="list-style-type: none"> • Relationship based parenting program providing a roadmap to understanding their children’s needs as well as a guide on how to get there. • It is practical, understandable and portioned out in bite-size chunks. • The method minimizes the shame and blame cycle and teaches parents reflective functioning. • Building on strengths without ignoring the struggles. 	Early Intervention Program for Parents and Children	<ul style="list-style-type: none"> • Parents/caregivers • ECEs 	
Karange: Global Alliance for Social Emotional Learning and Life Skills	To inspire and equip practitioners, policy makers and researchers from across the world to promote quality and equitable Social Emotional Learning and Life Skills through initiatives that connect, coordinate, and drive action.	<p>International SEL Day: March 11 2022</p> <p>Includes toolkits, event ideas and promotional material</p>		
Parent-Infant Foundation UK	Online Infant Mental Health Training Resources for Professionals		Training Resource List	<p>Parent Foundation Tool Kit: 2020</p> <p>Tool kit shares learning, information and advice for commissioners and providers who want to set up, improve or expand parent-infant relationship teams in the UK</p>
Unicef for Every Child 75	Promoting positive mental health for families	<p>How to Build your Child's Mental Health:</p> <p>Mini Parenting Master Class</p>	• Parents/Caregivers	

Environmental Scan: Social and Emotional Development in the Early Years Training/Resources: USA

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Additional Resources
USA Based				
CASEL , Chicago	The Collaborative for Academic, Social, and Emotional Learning is helping make evidence-based social and emotional learning an integral part of education from preschool through high school	CASEL Framework SEL Programs that meet CASEL criteria for promising program	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	
Centre for Early Childhood Mental Health Consultation Georgetown University Centre for Child and Human Development	Brings together a group of university researchers to develop strategies to help Head Start programs build a strong mental health foundation for their children, families and staff.	Training/programs/resources: Social Emotional Parenting Programs	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	Social and Emotional Tips for Families with Infants Social and Emotional Tips for Parents with Toddlers Everyday Ideas for Increasing Children's Opportunities to Practice Social Skills and Emotional Competencies
Center on the Social and Emotional Foundations for Early Learning (CSEFEL) Vanderbilt University, Tennessee	The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5.	Parenting Training Modules Topic List	<ul style="list-style-type: none"> • ECE's • Family Support Workers 	Family Tools
Confident Parents Confident Kids	A site for parents actively supporting kids' social and emotional development with evidence based information		<ul style="list-style-type: none"> • Parents/caregivers 	
Committee for Children Seattle		SEL FOR EARLY LEARNING: Program at a Glance	<ul style="list-style-type: none"> • Parents/caregivers <p>School based learning: Age group: 4 to 5 year olds</p>	
Dr Becky @GoodInside	Dr. Becky Kennedy is a clinical psychologist and mom of three, who specializes in thinking deeply about what's happening for kids and translating these ideas into simple, actionable strategies for parents	Parenting Workshops/Podcasts Workshop List	<ul style="list-style-type: none"> • Parents/caregivers 	
Eastern Connecticut State University	Online Learning Modules for Home Visitors	Training: Modules currently offline but will be on new platform in Fall 2021 Course list here	<ul style="list-style-type: none"> • Family Support Workers 	Facilitator Guides: Library of How To's for Working with Parents
Emory University Atlanta	See Learning: Educating the Heart and Mind Social, Emotional and Ethical Learning		School based learning: Age group: 4 to 5 year olds	
First 3 Years Addison TX	Educate, advocate, and collaborate to advance the healthy development of infants, toddlers, and their families.	Training : Course list	<ul style="list-style-type: none"> • Parents/caregivers 	

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USA Based				
George Lucas Educational Foundation	Edutopia: Find and share resources for creating a healthy school culture by helping students develop skills to manage their emotions, resolve conflicts, and make responsible decisions.	Online Resource with Videos such as: https://www.edutopia.org/SEL-parents-resources https://www.edutopia.org/article/helping-preschoolers-see-themselves-and-others-literature https://www.edutopia.org/grade-level-prek	<ul style="list-style-type: none"> Parents/caregivers School based learning 	
Govt of Michigan Health and Human Services		Resource: Social and Emotional Health: A Guide for Families with Children Birth to 8	<ul style="list-style-type: none"> Parents/caregivers 	
Greater Good Science Centre Berkley, CA	Multimedia resources directly for parents and training for educators	Parent and Family Resources The Basics of Social-Emotional Learning for Educators	<ul style="list-style-type: none"> Parents/caregivers ECE's Family Support Workers 	
Harvard Centre for the Developing Child	Early Childhood Mental Health Resources			
Heart Math Institute	Early Heart Smarts Program Program is designed to enhance the social and emotional development in children aged 3 to 6. Based on research showing the impact of positive emotions on the healthy functioning of the body, brain and nervous system.	Over 11 core lessons, children learn to recognize and understand basic emotional states, regulate their emotions, strengthen expression of positive feelings, and solve problems peacefully. The heart is a key focus in the curriculum, both physically and , to facilitate lessons on heart-brain connections, emotions, cooperative play, and the development of empathy and caring for others.		
Jewish Family and Children Services Boston	Infant-Parent Training Institute	Conversations and Controversies in Infant Mental Health	<ul style="list-style-type: none"> Family Support Workers 	
Lifespan Health Care Rhode Island	Bradley Hospital Online Learning: This online Foundations course, offered for free to parents and families by Bradley Hospital, includes 10 computer-based modules that offer insights about a baby's social emotional health and development, and it highlights the importance of positive early relationship experiences for healthy development.	Training: 10 week introductory module Foundations for Infant/Toddler Social Emotional Health and Development: Online Course for Parents and Families	<ul style="list-style-type: none"> Parents/caregivers 	

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USA Based				
MindEDU	International researchers provide evidence-based research in early childhood development science with mission to raise a generation of children who are happier, healthier, more empathetic and capable of achieving their greatest potential.	Resources include: Social Emotional Intelligence: The Greatest Gift (need to create account to get link) Parenting in a Crisis MindEdu Certificate Program for Schools	<ul style="list-style-type: none"> • Parents/caregivers • School teachers 	
Mind Up for Life	MindUP™ The Goldie Hawn Foundation is a not-for-profit organization founded to help children develop the knowledge and tools they need to manage stress, regulate emotions and face the challenges of the 21st century with optimism, resilience and compassion.	Online Training/Resources Membership based programs: free option and fee for service Program info here Training Opportunities	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers • Pre/K teachers 	
Robert Wood Johnston foundation	Helpful briefs on SEL focusing on the early years.	Helpful briefs on SEL focusing on the early years. Highly revelant brief: Thompson, R. A., (2018). " Social-Emotional Development in the First Three Years : Establishing the Foundations." Edna Bennett Pierce Prevention Research Center, Pennsylvania State University.		
PBS for Parents	Topics for parents broken down by age group between 2 to 8 years olds. Categories include: Emotions and Self-Awareness Social Skills Literacy	Link to all age groups	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Pre/K teachers 	
Search Institute	YMCA use for their staff: specific to resilience	https://www.search-institute.org/our-research/development-assets/developmental-assets-framework/	<ul style="list-style-type: none"> • ECE's 	
Sesame Street in Communities	Sesame Street in Communities provides multi media tools for parents/caregivers to assist in the developmental, physical, and emotional needs of children.	Training for professional development: Growing Brave, Strong, and Resilient	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	Which Elmo are You Today How to Deal with Big Feelings

Environmental Scan: Social and Emotional Development in the Early Years Training/Resources: USA

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Additional Resources
USA Based				
Strengthening Families Program	<p>The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally.</p> <p>Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills.</p> <p>They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour.</p>	Training link	<ul style="list-style-type: none"> • Parents/caregivers • Educators 	
Student Success Skills CASEL Promoted Program	Ready to Learn Ready To Learn is an early childhood classroom program that is based upon an extensive review of research on skills associated with school success. RTL is designed to promote the learning skills and social skills needed for school success.		<ul style="list-style-type: none"> • Pre K classrooms 	
The Incredible Years: Parent, Teacher, Student Training Series	Organization's mission is to advance the social and emotional behavior of children of all ethnic groups, through a series of interlocking parent, teacher and child programs	Programs: Parents and Baby Program Parents and Toddler Program Parents and Preschool Program	<ul style="list-style-type: none"> • Parents/caregivers 	
Today Show (NBC)		Resource: Parenting Guide on Supporting SEL	<ul style="list-style-type: none"> • Parents/caregivers 	
Tools of the Mind CASEL Promoted Program	Tools of the Mind is a research-based early childhood model combining teacher professional development with a comprehensive innovative curriculum that helps young children to develop the cognitive, social-emotional, self-regulatory, and foundational academic skills they need to succeed in school and beyond.	Tools Info	<ul style="list-style-type: none"> • Pre K classrooms 	
Virtual Lab School Washington	Infant and Toddler Track Intended for early childhood professionals serving children ages 6 weeks through 3 years in center based programs. This track offers training and professional development resources, including written narrative, video, skill building activities, and classroom tools	Social and Emotional Development for Infants and Toddlers Social and Emotional Development for PreSchoolers 3 to 5	<ul style="list-style-type: none"> • ECE's • Family Support Workers 	

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Additional Resources
USA Based				
Zero to Three Washington, DC	Zero to Three Learning Centre	Parenting Resources such as: Highest Trending Topics: Parent Favorites Nurturing Healthy Social Emotional Development in the Early Years How to Help your Child Develop Empathy Developing Social-Emotional Skills Developing Self Esteem in the Early Years	<ul style="list-style-type: none"> • Parents/caregivers • ECE's • Family Support Workers 	

Organization	Initiative Name and Description	Initiative Type: Training/Program/Resource	Target Audience	Resources
Internationally Based				
Book Bug Program Scotland	<p>The Bookbug Bags and Bookbug Sessions support families to do more of these activities, which help build bonds and develop relationships and most importantly, are fun.</p> <p>Sharing stories, songs and rhymes with babies and young children has many benefits including supporting children's language, learning and social skills. It's fun, free and simple, and the benefits will last their lifetime.</p>		<ul style="list-style-type: none"> • Parents/caregivers 	Additional Learning and Resources
Building Better Brains Australia	<p>The mission of Building Better Brains Australia is to engage, educate and empower parents, teachers and mental health professionals using evidence based strategies to help build better brains for the generation in our care.</p> <p>They deliver brain wise, trauma smart approaches to teaching and learning with a focus on play, creativity and superskills. This is the cornerstone for building resilient, flexible and emotionally intelligent young minds that are capable, confident and creative</p>	<p>Parenting training and capacity building support programs:</p> <p>Course list here</p>	<ul style="list-style-type: none"> • Parents/Caregivers 	
Circle of Security	<ul style="list-style-type: none"> • Relationship based parenting program providing a roadmap to understanding their children's needs as well as a guide on how to get there. • It is practical, understandable and portioned out in bite-size chunks. • The method minimizes the shame and blame cycle and teaches parents reflective functioning. • Building on strengths without ignoring the struggles. 	Early Intervention Program for Parents and Children	<ul style="list-style-type: none"> • Parents/caregivers • ECEs • Family Support Workers 	
Karange: Global Alliance for Social Emotional Learning and Life Skills	To inspire and equip practitioners, policy makers and researchers from across the world to promote quality and equitable Social Emotional Learning and Life Skills through initiatives that connect, coordinate, and drive action.	<p>International SEL Day: March 11 2022</p> <p>Includes toolkits, event ideas and promotional material</p>	<ul style="list-style-type: none"> • Parents/caregivers • ECEs • Family Support Workers 	
Parent-Infant Foundation UK	Online Infant Mental Health Training Resources for Professionals	Training Resource List	<ul style="list-style-type: none"> • Parents/caregivers • ECEs • Family Support Workers 	<p>Parent Foundation Tool Kit: 2020</p> <p>Tool kit shares learning, information and advice for commissioners and providers who want to set up, improve or expand parent-infant relationship teams in the UK</p>
Unicef for Every Child 75	Promoting positive mental health for families	<p>How to Build your Child's Mental Health:</p> <p>Mini Parenting Master Class</p>	<ul style="list-style-type: none"> • Parents/Caregivers 	