

OCTOBER 25TH, 2022 FROM 10:30-11:30AM PST

## Pediatric Urgent Care Virtual Education Series:

# NON-SUICIDAL SELF-INJURIOUS BEHAVIOURS IN CHILDREN AND ADOLESCENTS

### 1. Who is the session for?

This session is for healthcare teams who work in Urgent Primary Care Centers, Emergency Departments and Diagnostic & Treatment Centers across BC.

### 2. What will be covered in the session?

- Describe child and youth non-suicidal self-injury (NSSI), including risk factors and clinical signs of self-injury
- Distinguish between NSSI and suicidal ideation/behaviours
- Review evidence-based guidelines for assessment and intervention
- Identify clinical strategies for engagement and treatment planning
- An opportunity to ask questions

### 3. When is the session?

This virtual education session will be held on October 25 2022 from 10:30-11:30am PST.

It will consist of a 45 minute presentation followed by an opportunity to ask questions. The session will be recorded.

### 4. How do I join the session?

No registration is required. We recommend that you join using a computer or tablet. The link to join is below. Consider using your headset or earphones. Please sign in 10 minutes before the session to address any issues you may have with joining.

**Join the Virtual Education Session [HERE](#).**

### 5. How do I watch the recording?

Click [here](#) to watch on demand 1-2 days after the event ends.

### 6. Clinical Support Tools

- Compass Toolkits
- Kelty Mental Health Resource Centre Self-Injury Webpage for Parents/Caregivers
- Self Injury, Outreach & Support
- Self-injury & Recovery Resources
- Helping Children And Youth Who Self-Harm
- Mental Health and Substance Use information for patients and families
- Calm Harm App

### 7. Presenter

Dr. Dayle Ostapiuk, MD  
Clinical Fellow in Child and Adolescent Psychiatry, PGY5  
Compass Program, UBC  
[ostapiuk@student.ubc.ca](mailto:ostapiuk@student.ubc.ca)

