

Provincial PEWS Reference Card

Age	Heart Rate Beats per minute	Respiratory Rate Breaths per minute	Systolic / Diastolic BP	MAP mmHg
0 – 28 days*	104 – 162	31 – 60	60 – 80 / 30 – 53	40 or higher
1 – 3 months*	104 – 162	31 – 60	73 – 105 / 36 – 68	48 or higher
4 – 11 months*	109 – 159	29 – 53	82 – 105 / 46 – 68	58-80
1 – 3 years†	89 – 139	25 – 39	85 – 109 / 37 – 67	53-81
4 – 6 years†	71 – 128	16 – 31	91 – 114 / 50 – 74	63-87
7 – 11 years†	60 – 114	15 – 28	96 – 121 / 57 – 80	70-94
12 plus years†	50 – 104	12 – 25	105 – 136 / 62 – 87	76-103
Temperature °C	Oral: 35.5 – 37.5, Rectal: 36.6 – 38.0, Axilla: 34.7 – 37.3			

HR, RR, and temperature ranges: CTAS 2013 BP ranges: *Modified from American Heart Association (2012). *Pediatric emergency assessment, recognition, and stabilization (PEARS) provider manual.*† National Heart, Lung and Blood Pressure Institute (2004). The fourth report on the diagnosis, evaluation, and treatment of high blood pressure in children and adolescents. *Pediatrics*, 114(2), 555-556.



Client:	CHBC	Date:	2 November 2015 1:15 PM
File Name:	21012223-P_PEWS-RefCard-Lanyard-PEWS	Target:	Lanyards
Actual Size:	95mm x 50mm	Revisions:	0
Colours:	4c	Operator:	CR

Provincial PEWS Reference Card

Body Weight (kg)	Fluid Requirements Per Day
Below 10 kg	100 mL per kg
10 – 20 kg	1000 mL + 50 mL per kg over 10 kg
Greater than 20 kg	1500 mL + 20 mL per kg over 20 kg
Body Weight (kg)	Fluid Requirements Per Hour
Below 10 kg	4 mL per kg
10 – 20 kg	2 mL per kg for each kg greater than 10 kg
Greater than 20 kg	1 mL per kg for each kg greater than 20 kg
Urine Output	0.5 – 1.0 mL per kg per hr

Pickard, G. & Abernathy, A.P. (2013). *Dosage calculations, Ninth edition*. Delmar, Cengage Learning.

Client:	CHBC	Date:	2 November 2015 1:15 PM
File Name:	21012223-P_PEWS-RefCard-Lanyard-PEWS	Target:	Lanyards
Actual Size:	95mm x 50mm	Revisions:	0
Colours:	4c	Operator:	CR